## CENTRAL LEAGUE SWIMMING AND DIVING



## 2022 SILVER MEET - SWIMMING

## SATURDAY, FEBRUARY 5, 2022 RIDLEY HIGH SCHOOL

## MEET SCHEDULE

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## SATURDAY, FEBRUARY 5, 2022

 <br> SESSION 1: BOYS <br> 10:00 AM // Warm-Up <br> - Warm-Up Assignments TBA <br> 11:00 AM |/ Competition Start Time <br> - 200 Medley Relay, 200 Free, 200 IM, 50 Free <br> - Break / Awards <br> - 200 Medley Relay, 200 Free, 200 IM <br> - 100 Butterfly, 200 Freestyle Relay <br> - Break / Awards <br> - 50 Free, 100 Fly, 200 Free Relay <br> - 100 Free, 500 Free, 100 Back, 100 Breast <br> - Break / Awards <br> - 100 Free, 500 Free, 100 Back <br> - 400 Freestyle Relay <br> - Awards <br> - 100 Breast, 400 Free Relay}

## SATURDAY, FEBRUARY 5, 2022

SESSION 2: GIRLS
2:30 PM // Warm-Up

- Warm-Up Assignments TBA

3:30 PM // Competition Start Time

- 200 Medley Relay, 200 Free, 200 IM, 50 Free
- Awards
- 200 Medley Relay, 200 Free, 200 IM
- 100 Butterfly, 200 Freestyle Relay
- Awards
- 50 Free, 100 Fly, 200 Free Relay
- 100 Free, 500 Free, 100 Back, 100 Breast
- Awards
- 100 Free, 500 Free, 100 Back
- 400 Freestyle Relay
- Awards
- 100 Breast, 400 Freestyle Relay


## ENTRY GUIDELINES

- All swimmers/divers can do a maximum of four (4) total events (including relays). Swimmers can do a maximum of two (2) individual events.
- If a swimmer has qualified for Central League Champs in an individual event, they cannot swim at the Silver Meet
- $\quad$ Swimmers cannot qualify for Central League Championships using a time from the Silver Meet.

The Central League will recognize the Top 8 finishers for each individual event during the Awards portions of the meet.

